

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Gijsemans Liesbet

Coaches: De Herdt An

Coaches: Vanuytven Diane

Coaches: De Herdt Els HEADCOACH

Coaches: Jacob Sven

Coaches: Van Campenhout Sigrid

Coaches: De Weerd Koën

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 14:00
Heat: 2/30 Lane : 2 Athlete: DE PUYDT ARTHUR			Q-time: 00:50:53
PB (25m pool): 00:50.53 Arendonk 30/11/2025			PB (50m pool): 00:53.85 SB: 00:50.53 Arendonk 30/11/2025
PB	2 5 M	5 0 M	
		00:50.53	
		00:50.53	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 14:05
Heat: 4/30 Lane : 2 Athlete: VERMEIREN STAN			Q-time: 00:41:62
PB (25m pool): 00:41.62 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:41.48 SB: no time
PB	2 5 M	5 0 M	
		00:41.62	
		00:41.62	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:05
Heat: 7/30 Lane : 1 Athlete: VERSTRAETE PEPIJN			Q-time: 00:38:06
PB (25m pool): 00:38.06 Nijlen 16/11/2025			PB (50m pool): 00:42.51 SB: 00:38.06 Nijlen 16/11/2025
PB	2 5 M	5 0 M	
		00:38.06	
		00:38.06	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 14:10
Heat: 8/30 Lane : 4 Athlete: MARIN ALEXANDRU			Q-time: 00:36:72
PB (25m pool): 00:36.72 Nijlen 16/11/2025			PB (50m pool): 00:33.36 SB: 00:36.72 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:36.72	
	00:36.72		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:11, starttime: 14:10
Heat: 11/30 Lane : 1 Athlete: VERCAMMEN DAAN			Q-time: 00:34:74
PB (25m pool): 00:34.74 Nijlen 16/11/2025			PB (50m pool): 00:35.18 SB: 00:34.74 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.74	
	00:34.74		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:14, starttime: 14:15
Heat: 14/30 Lane : 1 Athlete: MERTENS GERBEN			Q-time: 00:32:61
PB (25m pool): 00:32.61 Hoogstraten 28/09/2025			PB (50m pool): 00:34.58 SB: 00:32.61 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:32.61	
	00:32.61		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:14, starttime: 14:15
Heat: 14/30 Lane : 2 Athlete: WIJSGEER VIKTOR			Q-time: 00:32:52
PB (25m pool): 00:32.52 Hoogstraten 28/09/2025			PB (50m pool): 00:32.97 SB: 00:32.52 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:32.52	
	00:32.52		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:15, starttime: 14:15
Heat: 15/30 Lane : 1 Athlete: SLAETS CAZ			Q-time: 00:31:94
PB (25m pool): 00:31.94 Nijlen 16/11/2025			PB (50m pool): 00:32.73 SB: 00:31.94 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:31.94	
	00:31.94		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:19, starttime: 14:15
Heat: 19/30 Lane : 6 Athlete: JACOB QINGKUN			Q-time: 00:30:35
PB (25m pool): 00:30.35 Nijlen 16/11/2025			PB (50m pool): 00:31.69 SB: 00:30.35 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:30.35	
	00:30.35		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:23, starttime: 14:20
Heat: 23/30 Lane : 2 Athlete: DOOMEN MARNIX			Q-time: 00:28:53
PB (25m pool): 00:28.53 Antwerpen 12/10/2025			PB (50m pool): 00:28.65 SB: 00:28.53 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:28.53	
	00:28.53		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 14:25
Heat: 1/35 Lane : 2 Athlete: VLUYMANS JULIE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:30
Heat: 3/35 Lane : 1 Athlete: HERREMANS ELIEN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:30
Heat: 3/35 Lane : 6 Athlete: JORIS LINDE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 14:30
Heat: 4/35 Lane : 2 Athlete: VAN REETH LILIANA			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 14:30
Heat: 4/35 Lane : 5 Athlete: BORREMANS LIZ			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 14:35
Heat: 7/35 Lane : 3 Athlete: SARMI SOFIA			Q-time: 00:50:34
PB (25m pool): 00:50.34 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:45.59 SB: no time			
	2 5 M	5 0 M	
PB		00:50.34	
	00:50.34		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 14:40
Heat: 12/35 Lane : 1 Athlete: VOLDERS ELLA			Q-time: 00:46:41
PB (25m pool): 00:46.41 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:46.41	
	00:46.41		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:14, starttime: 14:45
Heat: 14/35 Lane : 2 Athlete: VAN BREEDAM LENA			Q-time: 00:44:81
PB (25m pool): 00:44.81 Hoogstraten 28/09/2025 PB (50m pool): no time SB: 00:44.81 Hoogstraten 28/09/2025			
	2 5 M	5 0 M	
PB		00:44.81	
	00:44.81		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:17, starttime: 14:45
Heat: 17/35 Lane : 2 Athlete: DE VOCHT LINNE			Q-time: 00:43:62
PB (25m pool): 00:43.62 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:43.62	
	00:43.62		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:20, starttime: 14:50
Heat: 20/35 Lane : 2 Athlete: VAN REETH LIEZE			Q-time: 00:41:37
PB (25m pool): 00:41.37 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:42.68 SB: no time			
	2 5 M	5 0 M	
PB		00:41.37	
		00:41.37	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:21, starttime: 14:50
Heat: 21/35 Lane : 4 Athlete: DALEMANS NEL			Q-time: 00:41:06
PB (25m pool): 00:41.06 Antwerpen 12/10/2025 PB (50m pool): 00:42.86 SB: 00:41.06 Antwerpen 12/10/2025			
	2 5 M	5 0 M	
PB		00:41.06	
		00:41.06	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:22, starttime: 14:50
Heat: 22/35 Lane : 6 Athlete: VERDOOD PIP			Q-time: 00:41:01
PB (25m pool): 00:41.01 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:41.81 SB: 00:41.08 Temse 17/11/2025			
	2 5 M	5 0 M	
PB		00:41.01	
		00:41.01	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:28, starttime: 15:00
Heat: 28/35 Lane : 3 Athlete: JACOBS LOTTE			Q-time: 00:38:10
PB (25m pool): 00:38.10 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:38.33 SB: no time			
	2 5 M	5 0 M	
PB		00:38.10	
		00:38.10	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:32, starttime: 15:00
Heat: 32/35 Lane : 6 Athlete: SCHELLEMANS CHARLOTTE				Q-time: 00:36:96
PB (25m pool): 00:36.96 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:37.86 SB: no time				
	2 5 M	5 0 M		
PB		00:36.96		
		00:36.96		
				

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 9-10					Heat:2, starttime: 15:15
Heat: 2/3 Lane : 5 Athlete: SOMERS BESS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 15:25
Heat: 5/29 Lane : 1 Athlete: DE PUYDT ARTHUR				Q-time: 00:44:44
PB (25m pool): 00:44.44 Hoogstraten 28/09/2025 PB (50m pool): no time SB: 00:44.44 Hoogstraten 28/09/2025				
	2 5 M	5 0 M		
PB		00:44.44		
		00:44.44		
				

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+				Heat:8, starttime: 15:30
Heat: 8/29 Lane : 6 Athlete: VERMEIREN STAN				Q-time: 00:40:43
PB (25m pool): 00:40.43 Hoogstraten 28/09/2025 PB (50m pool): 00:41.88 SB: 00:40.43 Hoogstraten 28/09/2025				
	2 5 M	5 0 M		
PB		00:40.43		
		00:40.43		
				

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:9, starttime: 15:30
Heat: 9/29 Lane : 3 Athlete: VERSTRAETE PEPIJN			Q-time: 00:39:06
PB (25m pool): 00:39.06 Hoogstraten 28/09/2025			PB (50m pool): 00:38.43 SB: 00:39.06 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:39.06	
		00:39.06	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:12, starttime: 15:35
Heat: 12/29 Lane : 4 Athlete: MARIN ALEXANDRU			Q-time: 00:36:92
PB (25m pool): 00:36.92 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:36.92 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:36.92	
		00:36.92	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:14, starttime: 15:35
Heat: 14/29 Lane : 1 Athlete: SLAETS CAZ			Q-time: 00:36:16
PB (25m pool): 00:36.16 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:36.34 SB: no time
	2 5 M	5 0 M	
PB		00:36.16	
		00:36.16	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:14, starttime: 15:35
Heat: 14/29 Lane : 4 Athlete: MERTENS GERBEN			Q-time: 00:35:31
PB (25m pool): 00:35.31 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:39.04 SB: no time
	2 5 M	5 0 M	
PB		00:35.31	
		00:35.31	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:16, starttime: 15:40
Heat: 16/29 Lane : 5 Athlete: VERCAMMEN DAAN			Q-time: 00:34:39
PB (25m pool): 00:34.39 Antwerpen 12/10/2025			PB (50m pool): 00:36.40 SB: 00:34.39 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:34.39	
		00:34.39	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:18, starttime: 15:40
Heat: 18/29 Lane : 6 Athlete: JACOB QINGKUN			Q-time: 00:33:34
PB (25m pool): 00:33.34 Antwerpen 12/10/2025			PB (50m pool): 00:35.28 SB: 00:33.34 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:33.34	
		00:33.34	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:19, starttime: 15:45
Heat: 19/29 Lane : 1 Athlete: WIJSGEER VIKTOR			Q-time: 00:32:94
PB (25m pool): 00:32.94 Antwerpen 12/10/2025			PB (50m pool): 00:33.95 SB: 00:32.94 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:32.94	
		00:32.94	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:23, starttime: 15:50
Heat: 23/29 Lane : 4 Athlete: DOOMEN MARNIX			Q-time: 00:30:29
PB (25m pool): 00:30.29 Antwerpen 12/10/2025			PB (50m pool): 00:30.75 SB: 00:30.29 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:30.29	
		00:30.29	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 15:55
Heat: 1/30 Lane : 4 Athlete: SARMI SOFIA			Q-time: 00:34:85
PB (25m pool): 00:34.85 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:34.85 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.85	
		00:34.85	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:00
Heat: 6/30 Lane : 3 Athlete: VOLDERS ELLA			Q-time: 00:32:78
PB (25m pool): 00:32.78 Hoogstraten 28/09/2025			PB (50m pool): 00:31.59 SB: 00:32.78 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:32.78	
		00:32.78	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:00
Heat: 7/30 Lane : 3 Athlete: DALEMANS NEL			Q-time: 00:32:49
PB (25m pool): 00:32.49 Hoogstraten 28/09/2025			PB (50m pool): 00:34.03 SB: 00:32.49 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:32.49	
		00:32.49	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:14, starttime: 16:10
Heat: 14/30 Lane : 3 Athlete: DE VOCHT LINNE			Q-time: 00:30:90
PB (25m pool): 00:30.90 Leuven 12/10/2025			PB (50m pool): no time SB: 00:30.90 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:30.90	
		00:30.90	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:16, starttime: 16:10
Heat: 16/30 Lane : 6 Athlete: VAN REETH LIEZE			Q-time: 00:30:56
PB (25m pool): 00:30.56 Temse 17/11/2025			PB (50m pool): 00:31.81 SB: 00:30.56 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:30.56	
		00:30.56	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:20, starttime: 16:15
Heat: 20/30 Lane : 6 Athlete: VERDOOD PIP			Q-time: 00:29:83
PB (25m pool): 00:29.83 Hoogstraten 28/09/2025			PB (50m pool): 00:30.33 SB: 00:29.83 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:29.83	
		00:29.83	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:24, starttime: 16:15
Heat: 24/30 Lane : 1 Athlete: JACOBS LOTTE			Q-time: 00:29:06
PB (25m pool): 00:29.06 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:29.11 SB: 00:29.20 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:29.06	
		00:29.06	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:25, starttime: 16:15
Heat: 25/30 Lane : 2 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 00:28:69
PB (25m pool): 00:28.69 Hoogstraten 28/09/2025			PB (50m pool): 00:28.76 SB: 00:28.69 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:28.69	
		00:28.69	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZVL

Event number: 26: 100M MEDLEY WOMEN 9-10					Heat:2, starttime: 16:30
Heat: 2/3 Lane : 2 Athlete: SOMERS BESS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback: